

Dumas Therapy



Dumas
Therapy,
Inc.

Dumas Therapy, Inc. is a leading provider of therapy services. Our mission is to assist every patient in living their best life through functional therapeutic interventions. We provide occupational therapy services with an emphasis in specialty programs for autism, developmental delay, cerebral palsy, and visual impairments. Therapy is also provided to improve activities of daily living, fine motor skills and visual perceptual skills. Our treatments are individually selected for every patient and may consist of neuromuscular massage therapy, neurodevelopmental treatment, or sensory integration. Dumas Therapy utilizes these interventions to produce the best functional gains at home and school. We complete detailed evaluations and develop treatment plans to enhance daily performance while supporting and educating family members.

Clinic Director

Mrs. Harriett Dumas, OTR/L, CMT, CNMT is a graduate of Tuskegee University with a B.S. degree in occupational therapy. She furthered her education in a two year healthcare professionals massage therapy program at New Life Institute (currently Rising Star Institute) in Atlanta, Georgia. She became a certified massage therapist and neuromuscular therapist. Mrs. Dumas has successfully incorporated massage as a modality with occupational therapy to assist with normalizing muscle tone with soft tissue manipulation. She has owned and operated three therapy facilities promoting the best functional gains for patients. Mrs. Dumas also teaches therapy continuing education classes.

DUMAS THERAPY INC.

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Dumas Therapy



The Pediatric Center

*Specialty Center for Autism,
Developmental Delay, Cerebral
Palsy, and Visual Impairments*

Early Therapy Intervention

Neurodevelopmental Treatment

Neuromuscular Massage Therapy

Sensory Integration Therapy

Family Education and Support

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Dumas Therapy—The Pediatric Center

“Programs for Helping Children Develop”

The Autism Program



Autism is a neurological brain development disorder that is characterized by impaired social interaction, communication, and repetitive behavior. Dumas Therapy believes in delivering a treatment approach

that will assist the child with improving functionally while educating, supporting, and engaging the family. Each family will receive a customized treatment notebook with skills and strategies to enhance sensory processing skills. This includes picture schedules, sensory diet, behavior strategies, and tips to promote processing of information for learning daily routines. Our Autism program offers the following:

- Sensory Integration Therapy
- ADL training
- Fine motor skill development
- Visual perceptual and visual motor skills
- Safe spot training for over stressful transitions
- Prompting for choices
- Sequencing skills for task boxes
- Safety awareness
- Customized hand writing programs
- Customized computer generated sensory diets with daily routines, picture planners, activity explanation cards and trackers

Early Therapy Interventions Program



Dumas Therapy “Early Therapy Interventions Program” is designed for children birth to age three. We are experienced in working with patients who require assistance to develop age appropriate motor skills. Neurodevelopmental treatment, and massage for normalizing muscle tone helps to develop key points of movement that originate from head, shoulders, and pelvic motions. Many times parents have questions about their child’s development. A child can be developmentally delayed due to neurological conditions, orthopedic conditions, or obstacles present during birth or delivery. We offer free developmental screenings where parents can talk to therapists about developmental milestones. Doctor referrals for therapy include a formal evaluation, assessment, and treatment. A program of play activities will be designed for parents to use with their child at home complementing therapeutic interventions.

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Neurodevelopmental Treatment

NDT is a problem-solving approach to treatment of the impairments and functional limitations of individuals with neuropathology, primarily children with CP and adults with stroke or traumatic brain injury (TBI). These individuals have dysfunction in posture and movement that lead to limitations in functional activity. NDT focuses on sensorimotor impairments and functional limitation. Therapeutic handling allows the therapist to (a) feel the client’s response to changes in posture or movement, (b) facilitate postural control and movement synergies that broaden the client’s options for selecting successful actions, (c) provide boundaries for movements that distract from the goal, and (d) inhibit or constrain those motor patterns.

Neuromuscular/Massage Therapy



Neuromuscular Therapy (NMT) is a very specialized form of manual therapy. Our therapists are educated in the physiology of the nervous system and its effect on the muscular and skeletal systems. We are trained in kinesiology and biomechanics. This technique manipulates the soft tissue of the body (muscles, tendons and connective tissue) to balance the central nervous system. In a healthy patient, nerves transmit impulses (which are responsible for every movement, function and thought) to the body very slowly. Injury, trauma, postural distortion or stress cause nerves to speed up their transmission, inhibiting equilibrium and making the body vulnerable to dysfunction. It is therefore necessary to stabilize low levels of neurological activity to maintain normal function and overall health. Neuromuscular therapy and Swedish massage with pediatric clients is used to: improve postural distortion, normalize muscle tone, decrease pain, improve range of motion/flexibility, promote calmness and relaxation.

Visual Impairments

Dumas Therapy provides services for clients with visual impairments. We use a variety of treatment techniques to advance skills using the tactile, auditory, olfactory, and proprioceptive sensory centers. Our goal is to promote functional independence with activities of daily living using modified therapy strategies. VI clients require fine motor skills, spatial relations, safety skills, and tactile object identification skills to complete tasks daily at home and school.